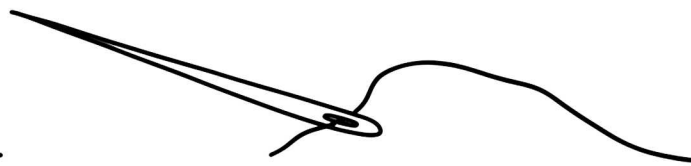


PearDayPatterns



SEWING PATTERN

Finished size approximately $\frac{3.5 \text{ IN}}{9 \text{ CM}}$





Materials

- Short pile* plush fabric (1-2 mm pile), 20×20 cm (8×8 in), skin tone
- Fusible interfacing for backing the plush
- Thin cotton cloth for pressing the interfacing (see the note below)
- Regular printer paper with the printed pattern and face templates
- Heat-erasable fabric pen (a pen whose marks are removed with a low-temperature iron or warm water)
- Gel fabric glue
- Everything needed for embroidery: embroidery floss, needles, scissors
- Water-soluble fabric (for neatly embroidering the doll's face)
- Strong thread in skin tone and in your doll's hair color
- Stuffing and turning tool (I used an old pen refill).
- A small embroidery hoop, 10 cm (4 in) in diameter

Important note on fusing interfacing: Never press fusible interfacing directly with the iron, because the adhesive will melt and stick to the iron. Always fuse it through a thin, damp cotton cloth.





Fuse interfacing to the wrong side of your plush. Always iron through a damp cotton cloth ✨ so you don't damage the iron. I strongly advise against skipping the interfacing: without it the plush doesn't hold its shape as well, and bumps appear after stuffing and stretching. ☆



Transfer the outline of the face embroidery onto water-soluble stabilizer using a pen whose marks can be removed with a low-heat iron or warm water. Build the following "sandwich" in the hoop: plush with the fluffy side up, with the water-soluble stabilizer carrying the drawing on top.



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Embroider the doll's face. I used stem stitch and satin stitch.



This is how the finished embroidery will look.



Take it out of the hoop.



Carefully trim the water-soluble stabilizer close to the face.



Dissolve the stabilizer with warm water and let the pieces dry thoroughly.

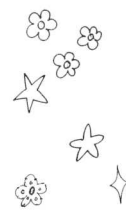
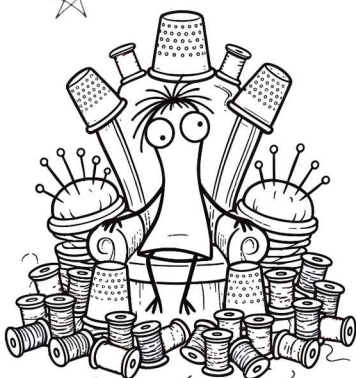


Cut out all the pieces of the head pattern: two back-of-head pieces, the chin, the face, the ears, and the hair curl. Note that the ears and the hair curl are each cut twice and then glued together with fabric glue, so you end up with two ears that are fluffy on both sides. The hair curl is likewise furry on the front and back because you glued two layers of plush together before cutting out the piece.

Sew all the darts on the face and on the back of the head.

Next, assemble the seam that joins the two ears, the chin, and the face piece.

Place the ears as shown in the photo.



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Place the chin on top.



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Sew the seam with a backstitch.



Sew the two back-of-head pieces together along the center seam.



Now we will sew the front and back of the head together, along with the hair curl.

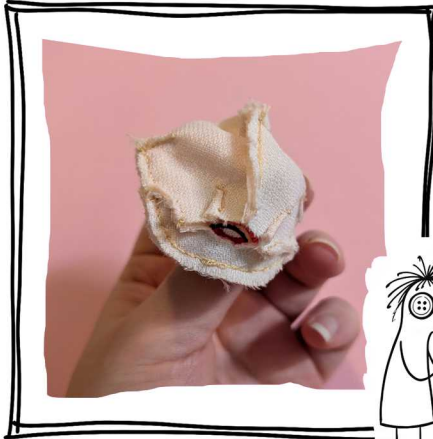
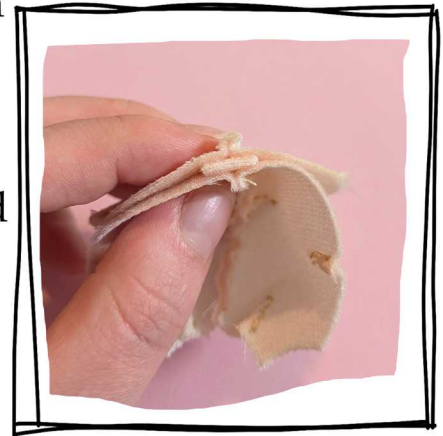




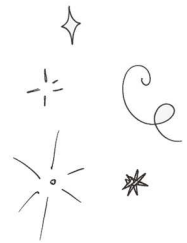
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Place the pieces together with right sides facing. Insert the hair curl into the top part of this seam (at the crown of the doll's head) as shown in the photo. The curl should point downward so that it ends up on the outside when you turn the piece right side out.



Sew the seam around the perimeter. Be careful not to sew up the neck opening.



If any marks from the heat-erasable pen remain, remove them with a low-heat iron or warm water, then let it dry. Turn the piece right side out.



Stuff the head firmly, distributing the filling evenly with a stuffing stick.





Cut out the body pattern piece. Don't forget that the plush must be fused with interfacing (fusible fabric).



You will end up with two pieces: a front and a back.



Sew them together with a backstitch, being careful not to sew up the neck opening.



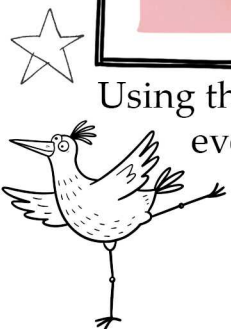
If any marks from the heat-erasable pen remain, remove them with a low-heat iron. Turn the piece right side out.



Using the stuffing stick, stuff the body evenly. Use small pieces of filling to avoid lumps.



Sew the armpit seams as shown by the dashed line on the pattern.



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Sew the head and body together with a ladder stitch.

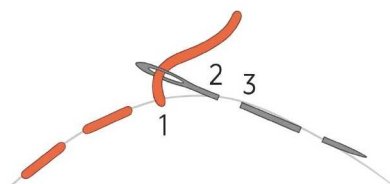
Your companion doll is ready! If you want to use it as a keychain, attach a cord. 



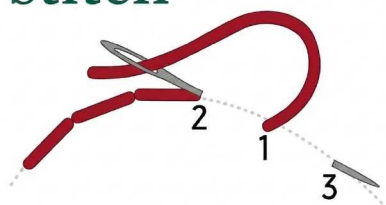
BASIC STITCHES FOR HAND SEWING & EMBROIDERY

BASIC HAND SEWING & EMBROIDERY STITCHES REFERENCE

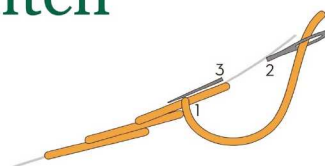
Running stitch



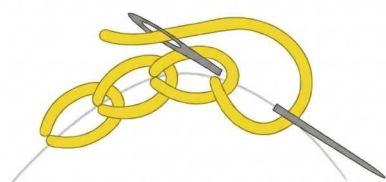
Back stitch



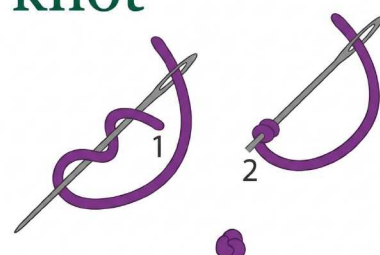
Stem stitch



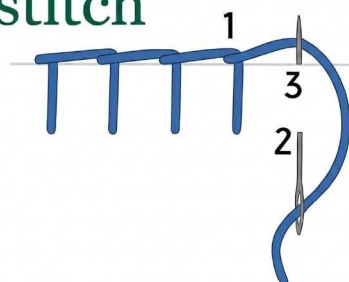
Chain stitch



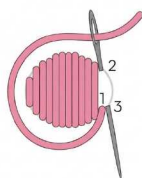
French knot



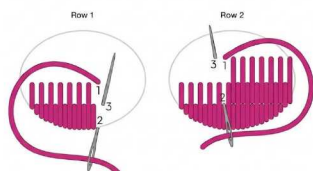
Blanket stitch



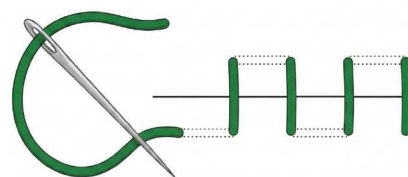
Satin stitch



Long and short stitch



Ladder stitch



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